
STATEMENTS FROM SEVERAL DIFFERENT BOOKS FROM JEFFREY

1. If you ever find yourself unsuccessful in a case of healing [for others or yourself] look into your own heart. Do not treat people, but search your own heart.
2. Is your whole being focused on God?
Are you concerned only with the Divine Spirit?
Is your eye single?
3. The practice of healing always resolves itself into self-treatment. Healing is the practice of keeping our own consciousness clear and the direction of our attention fixed and established—firmly fixed on the One.
4. A healer cannot let his mind wander over many things. He cannot get distraught over conditions and circumstances and people.
5. If you find your cases not responding, it is because your attention has been lowered.
6. Divine Peace is something that the human mind cannot understand. It is something that cannot be described. You can know whether or not you have it, but you cannot tell what it is because the things of the Spirit are beyond description.
7. We enter into that Consciousness by the abandoning of self, by giving up of self entirely, by the taking of that attitude which St. Augustine expressed when he prayed, "I ask nothing of Thee. I do not ask even for Thy Love. I want only Thee."
8. When we ask nothing for ourselves, not even the power to heal, we are also lifted up and the power goes forth through us.
9. We do not need to concern ourselves with people [or things that are important to us] but we do need to concern ourselves with our own consciousness.
10. It was the same with Jesus. He went about healing all manner of sickness and disease, but he did not do anything. He just walked in the realization of that Truth to which nothing can be added and from which nothing can be taken.

You have a problem and a need and desires. What to do? Goldsmith writes,

"[Man] comes with a human problem. He is told that if he wants to use Spiritual Truth to improve a human condition, it neither can nor will do so. But he is told too, that if he seeks that Truth for its own sake, his human condition will be improved."